

The 5-Minute Family AI Safety Kit

Fill this out together over coffee. Keep it on the fridge or near the phone.

PAUSE. A real emergency can wait two minutes for a check. Scammers need you to hurry.

1. OUR FAMILY SAFE WORD

If someone calls in a panic asking for money or help, ask for the safe word. A scammer can copy a voice but cannot know the word. No word? Hang up and call them back on their own number.

Our word or phrase:

Who knows it: _____ Changed on: _____

3 GOLDEN RULES

- 1 Never share private info with an AI.**
Keep it out of every chat. See the list below for what never to type.
- 2 Check before you act.**
AI can be wrong. For medical, money, or legal advice, confirm it with a real professional.
- 3 Treat urgent calls as suspicious.**
Hang up and call the person back on a number you already trust.

IF IT HAPPENS ANYWAY

- **Stop.** Send no more money or information.
- **Call your bank** on the number on the back of your card.
- **Tell your family.** Nobody will be in trouble. Sooner is better.
- **Report it:** ReportFraud.ftc.gov

Never pay by gift card, wire transfer, crypto, or cash handed to a courier.

SAFE TO ASK A CHATBOT

- "Explain this word in simple terms."
- "Help me write a thank-you note."
- "Plan a simple menu for four people."
- "Say that again in simpler words."

NEVER TYPE INTO ONE

- × **Social Security numbers**
- × **Passwords or one-time codes**
- × **Bank or full card numbers**
- × **Your home address**

EMERGENCY CONTACT QUICK-LIST

In an emergency, call 911.

Family member: _____

Pharmacy: _____

Family member: _____

Bank (number on card): _____

Doctor: _____

Police (non-emergency): _____